

# YEAR 3 – PSHE – SPRING 1

## RELATIONSHIPS



### **Skills and Knowledge:**

#### **Feelings and emotions**

To recognise feelings in others and being able to respond to how others are feeling.

#### **Healthy relationships**

To understand what makes positive, healthy relationships and friendships;  
To know how to maintain friendships.

#### **Vocabulary**

self-esteem, respect, opinion, viewpoint, healthy relationships